



Shout Out!!!

February Shout Out goes to Tara Mowry! Tara volunteers as a Blackjack Club leader as well as the Horse project superintendent! Tara is a wealth of energy and help whenever needed! From a 4-H Day door monitor, to a horticulture judging resource, to a horse project enthusiast, to a state exchange trip sponsor she is always willing to lend a hand and help our members develop their skills! Recently she has organized 2-3 horse practices a week for our members wanting to participate in Horse Panorama and is a driving force to our Horse program! Thank you so much all you have done to "Make the Best Better"!



if you have anyone that you would love to recognize for going above and beyond in 4-H please email a brief description and a photo if you have one to asharpe@ksu.edu.

4-H Day Results!!!

Club Days 2025 BREAKING NEWS

Gavel Games and Cloverbud Results!

Beginner Gavel Games
Top Blue
Olsburg Boosters 1
Blue Ribbon
Olsburg Boosters 2

Experienced Gavel Games
Top Blue
Newbury
Blue Ribbon
Jayhawkers

Cloverbud Talks
KH Member *Dutchmill
Sydney K. *Olsburg Boosters
Henry L. *Olsburg Boosters

4-H CLOVEBUD
TO MAKE THE BEST BETTER

Club Days 2025 BREAKING NEWS

Multi-Media Presentation Results!

Junior
Red Ribbons
Ashlyn L. *Maple Hill Hustlers

Intermediate
Blue Ribbons
Kade M. *Happy Valley
Red/White Ribbons
Maggie B. *Olsburg Boosters
Levi L. *Lucky Leven
Heidi R. *Blackjack
Kinsey H. *Dutchmill

Senior
Top Blue
Haylee H. * Dutchmill
Blue Ribbons
Oliver B. *Olsburg Boosters
Corbin R. & Kirwin R. *Newbury
Eric T. * Blackjack
Evan T. *Blackjack
Red Ribbons
Taylor B. *Olsburg Boosters

4-H MULTI-MEDIA
TO MAKE THE BEST BETTER

Club Days 2025 BREAKING NEWS

Vocal/Instrumental Results!

Junior Vocal
Blue Ribbons
Charli S. *Newbury
Red/White Ribbons
Ashlyn L. *Maple Hill Hustlers
Jayden *Olsburg Boosters
Kayson C. *Maple Hill Hustlers
BH Member *Dutchmill

Junior Instrumental
Top Blue
Kodie D. *Blackjack
Blue Ribbons
Corbin D. *Blackjack
Avery K. *Blackjack

Intermediate Vocal
Top Blues
Michael H. *Dutchmill
Blue Ribbons
Ashlynn H. *Dutchmill

Senior Vocal
Top Blue
Haylee H. * Dutchmill

Group Vocal
Red Ribbon
Ashlyn & Faith L. * Maple Hill H.

Inter. Instrumental
Top Blues
Colton D. *Blackjack
Blue Ribbons
Blake B. *Lucky Leven
Kennedy K. *Blackjack
William L. *Maple Hill Hustlers
Red/White Ribbons
Easton T. *Blackjack
Clara M. *Dutchmill

4-H MUSIC
TO MAKE THE BEST BETTER

Club Days 2025 BREAKING NEWS

Reading Results!

Junior Readings
Top Blue
Liam M. *Dutchmill
Madeline M. *Happy Valley
Ellie B. *Blackjack
Charli S. *Newbury
Blue Ribbon
Kayson C. *Maple Hill Hustlers
Rory G. *Blackjack
Red Ribbon
Ashlyn L. *Maple Hill Hustlers
Faith L. *Maple Hill Hustlers

Intermediate Readings
Top Blues
Roman G. *Blackjack
Clara M. *Dutchmill
Blue Ribbon
Eric B. *Lucky Leven
Kinsey H. *Dutchmill

Senior Readings
Top Blue
Haylee H. *Dutchmill
Owen G. *Blackjack
Blue Ribbon
Oliver G. *Blackjack
Joel L. *Lucky Leven

4-H READING
TO MAKE THE BEST BETTER

Club Days 2025 BREAKING NEWS

Project Talks/Public Speaking Results!

Project Talks
Top Blue
Chase K. *Olsburg Boosters
Blue Ribbons
Maggie B. *Olsburg Boosters
Red/White Ribbons
Ashlyn L. *Maple Hill Hustlers
Jayden *Olsburg Boosters
Kayson C. *Maple Hill Hustlers
BH Member *Dutchmill

Intermediate
Top Blues
Kinsey H. *Dutchmill
William H. *Maple Hill Hustlers
Blue Ribbons
Clara M. *Dutchmill

Senior
Top Blue
Haylee H. * Dutchmill
Liberty Sharpe *Lucky Leven
Blue Ribbons
David B. *Olsburg Boosters

4-H SPEECHES
TO MAKE THE BEST BETTER

Club Days 2025 BREAKING NEWS

Dance/Acting Results!

Junior Dance
Red Ribbon
Kayson C. *Maple Hill Hustlers

Intermediate Dance
Top Blues
Ava M. *Dutchmill

Group Dance
Red Ribbon
Lucky Leven 4-H Club

Group Vocal
Red Ribbon
Ashlyn & Faith L. * Maple Hill H.

Senior Solo Acting
Top Blue
Haylee H. *Dutchmill

Skit
Top Blue
Friendly Farmers Club
Blue Ribbon
Newbury Club
Red Ribbon
Blackjack Club

4-H DANCE/ACTING
TO MAKE THE BEST BETTER

Club Days 2025 BREAKING NEWS

Illustrated/Demonstration Talk Results!

Junior
Top Blue
William R. *Olsburg Boosters
Blue Ribbons
Lexi H. *Olsburg Boosters
Madeline M. *Olsburg Boosters
Red Ribbons
Avery K. *Blackjack
Savanna S. *Happy Valley

Senior
Top Blues
Hannah R. *Friendly Farmers
Haylee H. *Dutchmill
Rayya H. *Dutchmill

Intermediate
Top Blues
Emma Jean M. *Olsburg Boosters
Dalton Kiera *Olsburg Boosters
Blue Ribbons
Brady D. *Blackjack
Brynn R. *Blackjack
Kennedy K. *Blackjack
Samuel R. *Friendly Farmers
Red/White Ribbons
Ashlyn B. *Blackjack
Ashlynn H. *Dutchmill
Michael H. *Blackjack
Amelia M. *Dutchmill
Lucy W. *Dutchmill

4-H TALKS
TO MAKE THE BEST BETTER

Regional Record Book Winners

Please help us in congratulating the Regional Record Book Winners! These project record books will be sent onto the State judging along with a video highlighting their projects! Good Luck at State!!!

- Taylor Bryant (Olsburg Boosters) with her Entomology and Forestry Project Books
- Haylee Havice (Dutchmill) with her Family Studies Project Book
- Elsie Rickstrew (Lucky 'Leven) with her Sheep Project Book

County Council Updates

- Set 2025 Budget for County Council
- Hosted the Hospitality Room at 4-H days in St. George.
- Sold "Support 4-H Signs" at 4-H Days in St. George. (9 signs left)
- Fair Themes due to be voted on at the next meeting! Enter your suggestions [HERE!](#)
- The next County Council meeting will be held on 3/24/25 at 7pm in the Sunflower room!

Ambassador Corner

- Check out the "Meet Your Ambassadors" [website!](#)
- Watch for 4-H Day Interview Videos on Instagram and Facebook!

Seniors - Scholarships

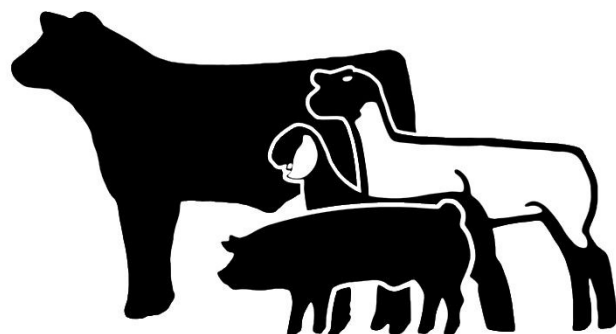
- Due March 1, 2025
- Apply [HERE!](#)

Livestock Weigh In

- Beef: March 15 9am-11am @ Rezac's on Aiken Switch Road
- Small Animal: April 30 5pm-7pm @ Extension office in Westmoreland
- By **MAY 15** ALL LIVESTOCK **MUST** BE TAGGED

Area Livestock Shows

- Turf Wars: March 29: Alma, KS
- Aggieville Showdown: April 4-5: Manhattan, KS
- Quality Beef Days: April 12: Blue Rapids, KS
- Pottawatomie County Spring Fling: April 19: Onaga, KS
- Wabaunsee County Livestock Show: May 30-June 1: Alma, KS



Pottawatomie County Spring Fling Show

- April 19th
- Onaga Kansas Fair Grounds

Junior Superintendents

If you are interested as serving as a Junior Superintendent for the Fair please reach out to the extension unit BEFORE April 1st! You will work closely with the Superintendent to be a source of information for other members in your chosen project area! This is a great experience for our older members to help other members!



4-H TRIPLE E Exchange Experience

- Multi-County 4-H Interstate Exchange Trip and 4-Hers 12-18yrs old by June 10th 2025 are eligible
- Recent Trips include Ohio in 2023 and North Carolina in 2024: We stayed with 4-H families to learn their customs, lifestyle, 4-H activities, and toured educational and historical sites in their states, plus en-route.
- Week of July 6th 2025, we will be hosting 4-Hers/Chaperones from North Carolina and Pennsylvania
- 2026 we will travel to Eastern Pennsylvania
- Currently seeking families to become involved with the only cost being a \$75 application fee per 4-Her, and requirement to help with fundraisers and activities. Expenses covered by 4-H TRIPLE E through fund raising.
- Interested?? Contact Cherie Trieb at 785-844-0781: Next meeting: February 25th, 7:00 PM at Green Valley Community Center, Green Valley Road, Manhattan. Please plan to arrive early, if this is your 1st meeting.

KSRE Insect-Themed Art Contest

The K-State Research and Extension Pesticide Safety and IPM Program is hosting its annual insect-themed art contest, open to all ages and skill levels in Kansas! This year, the theme is “By the Light of the Moon: Insects at Night.” The goal is to explore which insects are active or inactive at night and why, then create artwork that fits the contest theme.

Interior Design & Architecture Project

The Interior Design & Architecture Project, we will be having our first statewide, virtual project meeting on Wednesday, February 12 at 7:00 pm. You do not have to be enrolled in the project to participate in the meeting. We will discuss changes to the state fair classes and Interior Architecture faculty members will be on hand to talk with 4-H members/parents on ideas to get started with their projects. Register for the meeting [HERE!](#)

K-State Junior Meat Goat Producers Day

- March 22, 2025
- Register by February 26th for \$20/Person
- The flyer is attached!

Kansas Youth Range Camp

- June 10-13, Council Grove, KS
- \$300 Registration Fee with scholarships available!
- See Attached Flyer
- Register [HERE!](#)

Cool Careers Video Contest

Have you ever wanted to try your hand at video production? Kansas 4-H and HirePaths are introducing a Cool Careers 4-H Video Contest, so here's your chance to become director, cinematographer, editor and/or producer of your own video! This competition allows members to learn about a career and then produce a video to create their own episode of the series Cool Careers. See the Attached Sheet or call Amber at the Extension Office!



4-H Camp 2025

All 4-H camp sessions are now available for registration online at www.rockspringsranch4hcamp.org. This includes half week, full week, Leaders in Training (LIT), and Counselors in Training (CIT) sessions.



Citizen Washington Focus



Greetings CWF delegates and families! We will be attending the 2nd Session 6/14-6/20: Leaving Manhattan on 6/11 and returning on 6/21/25! The future meetings will be held in Portoff Hall at 7pm and the dates are **February 18, March 18, April 15, May 20** with the departure on June 11 (early a.m. from the Riley County Extension Office). The tentative conference schedule can be found at [HERE](#).

ZBooks - Project Reports Online!

A new online record book option is here for Kansas 4-H youth. Zbooks provides an online platform for keeping and organizing project report records. Zbooks should make projects reports a lot easier to make and maintain!

-The website for zbooks is: 4h.zsuite.org

-Visit the Kansas information site [here](#).

-Find a quick video overview of using [Zbooks for record projects at this link](#).

Also, some perks of Zbooks are:

- Mobile friendly- jot down notes, weights, ear tags, expenses, etc on the spot!
- Internet based- you can work on them from any device that is connected to the internet.
- Unlimited amount of entries until final report is submitted- youth select the allowed number of entries to print on final report, allowing them to prioritize, summarize, etc.
- Permanent Record is also included possible awards to think about!

Riley County Kennel Club Schedule: Spring 2025

- Practices will be from 6:45 - ~8:00, on either Tuesdays or Wednesdays at Pottorf Hall, Riley Co Fairgrounds.
- January, Wednesday January 8, Wednesday January 15, Wednesday January 22, Wednesday January 29
- February, Wednesday February 5, Wednesday February 12, Wednesday February 19, Tuesday February 25
- March, Tuesday March 4, Wednesday March 12, Wednesday March 19, Tuesday March 25
- April, Wednesday April 2, Tuesday April 8, Wednesday April 16 Tuesday April 22, Wednesday April 30
- May, Wednesday May 7, Tuesday May 13, Wednesday May 21 Tuesday May 27
- June, Wednesday June 4, Tuesday June 10, Tuesday June 17, Wednesday June 25
- County Fair dates: June 8 Showmanship and Obedience, June 29 Agility and Rally Obedience



Newsletter Suggestions

If you have anything you would like to see in the Newsletter each month feel free to email Amber at asharpe@ksu.edu and I can get it in there!



Dates to Remember

February

- 8 4-H Day, St. George
- 16-17 Citizenship in Action, Topeka
- 16 BINGO: Olsburg Boosters Club Fundraiser 4:30pm
- 18 CWF Meeting: Portoff Hall: 7pm
- 22-23 Horse Panorama At Rock Springs Ranch

March

- 1 Video Submission Due for Regional Record Book Winners
- 1 Senior 4-H Scholarship Applications Due
- 1 Jr. Swine Day at KSU
- 15 Beef Weigh In at Rezac's on Aiken Switch Road
- 18 CWF Meeting: Portoff Hall: 7pm
- 22 Jr Goat Day at KSU

April

- 5 KSU Invitational Meats Judging Contest
- 15 CWF Meeting: Portoff Hall: 7pm
- 19-24 National 4-H Conference, Washington D.C.
- 30 Small Animal Weigh In at the Extension Office in Westmoreland

May

- 15 Tagging Deadline for ALL Livestock
- 20 CWF Meeting: Portoff Hall: 7pm

June

- 4-6 Discovery Days
- 10-13 KS Youth Range Camp
- 11-21 Citizen Washington Focus Trip
- 13-15 State Geology Field Trips
- 22-28 National Shooting Sports Championship


June

- Rock Springs Camp
- 10-13 KS Youth Range Camp

July

- 10 Fair Entries Due on Fair Entry
- Rock Springs Camp

July/August

- 30-3 The Best Fair in America! Pottawatomie County!
 - 1 Cool Careers Video's Due to HirePaths
- 



OLSBURG BOOSTER 4-H CLUB FUNDRAISER

Sunday February 16

Olsburg American Legion

**Free Will Donation Dinner from
4:30pm - 6:00pm**

**BINGO From 6:00pm-7:30pm
\$0.50 a Card**

Cash Prizes

**Join the 4-H Club for a dinner of Chili, Sloppy Joes,
HotDogs, Baked Beans, Cinnamon Rolls,
Variety of Dessert, along with Coffee, and Lemonade**

For more information please call Club Leader Maggie Lundberg 785 844-0475

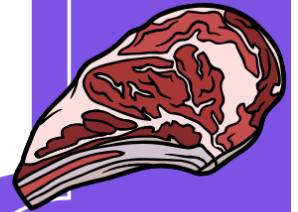
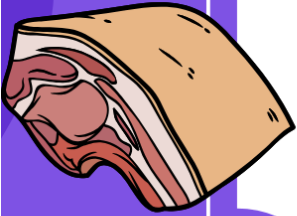
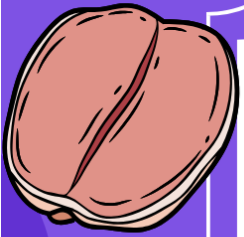
K-STATE
Research and Extension





KANSAS STATE UNIVERSITY

INVITATIONAL MEAT JUDGING CONTEST



APRIL 5, 2025

**WEBER HALL
REGISTRATION OPENS AT 7:00AM
CONTEST BEGINS AT 8:00AM**

**REGISTRATION INFO TO COME
QUESTIONS TO ERIN BEYER
ERBEYER@KSU.EDU**



4-H HORSE PANORAMA



FEBRUARY 22 & 23, 2025

ROCK SPRINGS RANCH JUNCTION CITY, KS



Who should register:

All 4-H members age 9-18 who have an interest in horses, competing in Horse Bowl, Public Presentations or Hippology. This event determines who represents Kansas 4-H at several national contests.

Registration:

Opens December 23 and is due February 3. Late registration will be accepted until February 7. Only those who register by the February 3 deadline will receive a t-shirt. All participants, adults and attendees must register. Extension Agents must register all team members at https://kstate.qualtrics.com/jfe/form/SV_bloztOYr3jCfOjs.

Cost:

Youth (includes t-shirt, lodging, contest entries, and meals)

Friday Check-In - \$185

Full-Time (Saturday arrival, Sunday departure) - \$155

Saturday Only - \$130

Adult (includes meals and lodging)

Friday Check-In - \$170

Full-Time - \$130

Virtual - \$0

Attire & What to Bring:

Dress code is casual and industry appropriate.

Contestants must provide #2 writing utensil and notebook for note taking.

Event Objective

To provide an opportunity for youth to demonstrate their knowledge of equine-related subject matter, including structure and movement, in a competitive setting where attitudes of friendliness and fairness prevail. These contests will provide an educational experience for both participants and spectators.



Additional Information:

Kelsey Nordyke, knordyke@ksu.edu

<https://bit.ly/StateHorseJudgin>

Accommodations:

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact (insert name) two weeks prior to the start of the event (insert deadline date) at (insert phone number and email). Requests received after this date will be honored when it is feasible to do so.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service.

K-State Research and Extension is an equal opportunity provider and employer.

K-STATE
Research and Extension



Are YOU interested in plants, livestock or wildlife?



KANSAS YOUTH RANGE CAMP

White Memorial Camp, Council Grove, KS

Upcoming High School Sophomores, Juniors, & Seniors

Learn about range plant identification, plant growth, stocking rates, livestock nutrition, and rangeland wildlife management

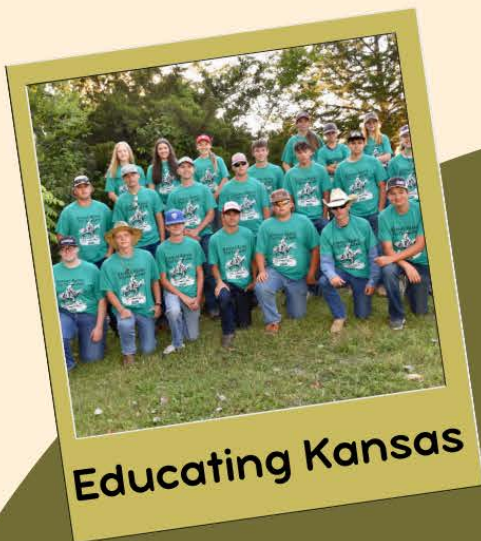
Enjoy field trips, hands on learning, a steak dinner, swimming, fishing, and hiking!



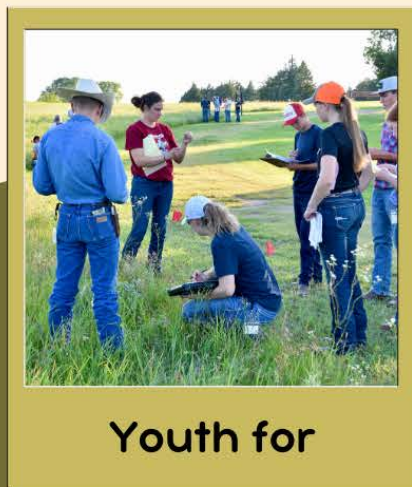
June 10-13, 2025

COST: \$300

Contact your local Conservation District for scholarship opportunities!



Educating Kansas



Youth for

REGISTER NOW



Over 60 years!

Sponsored by:
Kansas Section,
Society for Range
Management



Contact:
Courtney Jackson
KS Youth Range Camp Chair
620-767-5111 ext. 3
courtney.jackson@usda.gov

www.kglc.org/range-youth-camp-registration.cfm



K-STATE
Research and Extension

2025 K-State Junior Swine Producer Day



Join us on Saturday, March 1, 2025 for the biennial K-State Junior Swine Producer Day at the Stanley Stout Center in Manhattan. This educational event will be a fun-filled day in which youth, parents, agents, ag teachers, and swine project leaders can increase their knowledge of youth swine projects. Presentations will be provided by K-State faculty members, graduate students, former exhibitors, and guest speakers. All ages and skill levels are invited! Participants will receive a K-State Show Pig Guide, t-shirt, and complimentary lunch. Only those who register by February 5 will receive a t-shirt. The registration fee is \$20/person for those who sign up by the registration deadline, or \$25/person after that date. Registration is limited to 400 attendees, on a first come, first served basis. This is a family event! Anyone attending must register, including all youth and adults.

March 1



Tentative Schedule



Registration



Questions?

- 8:00AM Registration Opens
- 9:00AM Welcome
- 9:15AM Project Selection
- 10:00AM Breakout Sessions
 - Nutrition, Meats, Facilities & Equipment, Breeds & Ear Notching
- 12:00PM Lunch
- 12:45PM Health
- 1:30PM Breakout Sessions
 - Showmanship, Daily Care & Clipping, Show Day Prep, Resources
- 3:00PM Wrap-up
- 3:30PM YQCA Training (optional)

- ✔ \$20/person by February 5
- ✔ \$25/person after February 5
- ✔ Late registrants will not receive a t-shirt.
- ✔ All attendees must register, including youth, parents, and adults.
- ✔ No refunds.
- ✔ Attendance is limited to the first 400 participants to register.

Joel DeRouchev
jderouch@ksu.edu
785.532.2280

Lexie Hayes
adhayes@ksu.edu
785.532.1264

Register By February 5

Limited Attendance

 **Location**
Stanley Stout Center

 **Register Online**
<https://commerce.cashnet.com/KSUASIND>



Scan Me!

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.

K-State Research and Extension and the Department of Animal Sciences & Industry, or their assignees, reserve the right to photograph, record the image and/or voice of participants for future research, educational, or promotional purposes. By attending, you provide consent to the above items and waive all rights to claims for payment or royalties in connection with any use of said images or recordings, unless you notify event organizers you withhold consent, in writing, prior to the event.

K-State Junior MEAT GOAT PRODUCER DAY



Event

Join us on Saturday, March 22, 2025 for the biennial K-State Junior Meat Goat Producer Day at the Stanley Stout Center north of the K-State campus in Manhattan. This educational program will be a fun-filled day in which youth, parents, agents, ag teachers, project leaders, and volunteers can increase their knowledge of youth meat goat projects. Presentations will be provided by K-State faculty members, graduate students, former exhibitors, and guest speakers. All ages and skill levels are invited! Participants will receive a K-State Meat Goat Show Guide, t-shirt, and complimentary lunch. Only those who register by the deadline on February 26 will receive a t-shirt. The registration fee is \$20/person before February 26 and \$25/person after the deadline. This is a family event! Anyone attending must register, including all youth, parents, and adults. Registration is limited to 400 participants, filled on a first come, first serve basis.

Tentative Program

Friday, March 21

5:00-7:00PM *Optional Tour*
Sheep & Meat Goat Center

Saturday, March 22

8:00AM Check-in

9:00AM Welcome

9:15AM Selection

10:00AM Breakout Sessions

- Nutrition
- Facilities & Equipment
- Doe Management & Kidding

11:15AM Health & Wellness

12:00PM Lunch

1:00PM Breakout Sessions

- Showmanship
- Reproduction
- Clipping & Grooming







3:15PM Wrap-up

3:30PM YQCA Training (*optional*)

4:00-6:00PM *Optional Tour*
Sheep & Meat Goat Center

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.

Registration

-  \$20/person by February 26
-  \$25/person after February 26
-  Late registrants will not receive a t-shirt.
-  All attendees must register, including youth, parents, & adults.
-  No refunds
-  Attendance is limited to the first 400 participants to register.



Scan me!

Questions?

Lexie Hayes
adhayes@ksu.edu
785.532.1264

Register Online

[https://commerce.cashnet.com /
KSUASIND](https://commerce.cashnet.com/KSUASIND)

By
February 26



Cool Careers 4-H Video Production Contest

Have you ever wanted to try your hand at video production? Kansas 4-H and HirePaths are introducing a Cool Careers 4-H Video Contest, so here's your chance to become director, cinematographer, editor and/or producer of your own video! This competition allows members to learn about a career and then produce a video to create their own episode of the series [Cool Careers](#).

4-H members will select a profession within one of the 4-H projects in which they are enrolled for the current year. 4-H members will film, edit and publish an original video (4-10 minutes in length) about a professional working in this field and their career. These videos should be geared towards a youth 4th- 8th grade audience to inspire and introduce them to the exciting opportunities in the selected field of work. 4-H members will use the provided creative assets [located here](#), to ensure the video looks like the official Cool Careers series.

Entries: Entries can be submitted by an individual or a small group. Groups can consist of no more than four 4-H members of the same or different ages. If registering as a group, at least 1-2 members must be enrolled in the specific project being highlighted in video, meaning not all group members need to be enrolled in the project to participate. Adults may assist 4-H youth but must allow 4-H members to do a majority of the work. Adults are there to provide guidance and knowledge, youth are learning throughout the process in order to submit a finished product. **Videos must be submitted in mp4 format.**

Registration: [Click here to register for the Cool Careers 4-H Video Production Contest](#)

Judging: A panel of judges will evaluate the final product for originality, creativity and execution. Award winning videos will be published on the Kansas 4-H Website, HirePaths website, social media accounts and YouTube channel.

Guidelines

1. Youth must be enrolled in 4-H for the current 4-H year.
2. 4-H Members must select a career/profession to highlight within one of their 4-H projects. For example, if you are enrolled in the Foods & Nutrition Project you may choose to highlight a food scientist, dietitian, chef/sous chef/chef assistant or someone in sports nutrition. [Click here for the 2025 4-H Project List.](#)
3. Youth may register as an individual or group. Groups will be no larger than four 4-H members of same or different ages. If registering as a group, at least 1-2 members must be enrolled in the specific project being highlighted in video, meaning not all group members need to be enrolled in the project to participate. Adults may provide guidance to individuals or groups, but youth are required to complete a majority of the work.
4. The goal is to create an original, 4- to 10-minute video about a cool career that someone could have in Kansas. We encourage you to focus on a career that is in high demand or that you find unique or different.
5. Any 4-H member can participate in the contest, but the video's content must be appropriate for younger audiences, specifically 4th – 8th grade.
6. 4-H members can create more than one video entry; each video must fall under a different 4-H project in which they are enrolled.
7. **Titling The Video:** the video will be titled the name of the featured profession and will focus on one person who has this job today. Examples of titles include *Phlebotomist* or *Electrician*. See other examples [here](#).
8. **To Host or Not to Host:** The video may (or may not) be hosted by an on-camera host. The Cool Careers series uses kids for these hosts. 4-H members could recruit another 4-H member to be the host, or the videographer could star in their own production. That's up to you!
9. **Technology:** Start with what you have – most smartphones have great cameras! Start filming short clips or projects on your phone, tablet, video camera or computer. Editing can be done using various movie editing software or apps. (iMovie, Movavi or Canva) There are tons of free resources online to teach basic skills. If you need information about how to film or edit a video, there are many videos on this topic on YouTube.
Videos must be submitted in mp4 format.
10. **Videos must include the following information:**
 - a. What people in this job do
 - b. Why the professional featured started doing this job
 - c. How the professional learned the skills needed to do this job
 - d. What the professional likes about this job
 - e. What classes or activities the professional recommends kids pursue if they'd like to have this job someday

11. Ideally, the video will show a demonstration of an activity professionals in this job do often. This demonstration could be done by the professional, or the professional could show the episode's host how to do a task associated with this job.
12. To ensure the video matches the design standards of the Cool Careers series, the video must use the graphics and music tracks [available here](#).
13. All videos must use royalty-free music, footage and graphics. A file of acceptable music can be found via the link listed in guideline above. Any use of copyrighted music, footage or graphics will disqualify the entry from the competition.
14. All videos must use **the Cool Careers Student Edition title graphic, provided at here**. Any additional graphics should complement the colors, fonts and appearance of this title graphic.
15. All people featured in the video must sign a media release. Releases must be uploaded as one PDF file with your entry. A blank media release form has been provided with the other project resources.
16. **Entries are due August 1, 2025.** To be eligible for this contest, fill out the [registration form](#). All videos must be uploaded as mp4 files into the registration form, and all media releases will need copied/scanned **into one PDF file**, then uploaded into the registration form. Once the form is submitted, you will receive an email confirmation of your completed video submission.

Examples:

Draw upon the existing library of Cool Careers videos for inspiration. Your videos can look similar to these or follow a different structure. **We highly encourage you to let your storytelling skills and creativity shine in your work!**

- [Cybersecurity Analyst](#)
- [Plumber](#)
- [Pilot](#)
- Find more examples: <https://hirepaths.com/cool-careers-videos>

Useful Skills for Video Production:

- **Creative Thinking** – coming up with new ideas and fresh approaches for videos
- **Technical Skills** – Learning how to use cameras, editing software (like Adobe Premiere Pro or Final Cut), and other equipment
- **Teamwork** – Video production often involves working with a team. Communication is key, whether you're directing or editing.

- **Problem Solving** – Every shoot faces challenges, from lighting issues to tight schedules. Flexibility and quick thinking are essential.

Questions?

If you have questions, please send them Amy Collins, program coordinator, at acollins@ksu.edu.